

## „Skiing holiday“ checklist

- Skis / poles
- Toboggan
- Snowboard
- Salopettes
- Skiing underwear
- Gloves
- Jumpers
- Scarf
- Hat
- Thick socks, snowboard boots
- Wheelchair
- Ski jacket
- Rescue blanket
- Ski goggles
- Clip for ski pass
- Sun cream (high protection factor)
- Lip balm
- Fit winter tyres
- Snow chains
- Walking boots
- Hot-water bottle
- Ski suit
- Snow shoes
- Warm underwear
- Roof box, ski box
- Winter tyres
- Snow chains
- Avalanche protection
- Thermos flask (full)